

Our meal range













Soups

Desserts



Snacks

Lunch



Vegan and Vegetarian

Cakes



Dairy Free

The tastiest good meals delivered

The Good Meal Co is Australia's leading provider of home-style meals with over two decades of experience in supplying public hospitals, NDIS participants and Home Care clients.

We're dedicated to spreading the joy of food across Australia to everyone in need of nourishing and extremely tasty, restaurant-quality meals—snap frozen and home delivered so your clients eat, feel and live better.





Affordably Good Meals

Your clients only need to pay a small contribution to the cost of each meal as the rest is funded by their NDIS plan or Home Care package.



